



✓ Easy way to check your health



# HEALTH MATE® Saliva test strip for Home-test use

## Saliva PH Test

In order for the body to be able to absorb the nutrients from our food, the average pH of our saliva must be within a certain range. The acid/alkaline balance within the body is the most important aspect of health. The SALIVA pH is linked with digestive function and shows the pH of interstitial fluids.



**pH below 6.0 Very acidic**  
The buffering systems are stressed. It means that excess acids are being produced and the kidneys are overloaded.

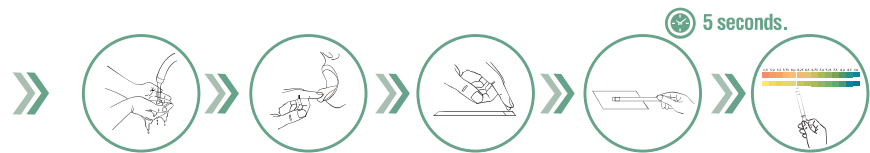
**pH 6.0-6.5 Acidic**  
Consider dietary and lifestyle changes to improve the pH of your body.

**pH 6.5-6.75 Moderate**  
You can adjust the pH by eating more alkaline-forming foods, less acid-forming foods.

**pH 7.0-7.5 Optimal**  
Excellent! You can keep up the work by maintaining an alkalinizing lifestyle.

**pH 8.0-9.0 Too Alkaline**  
Not common status.

Test procedure



## Saliva Nitric Oxide Test

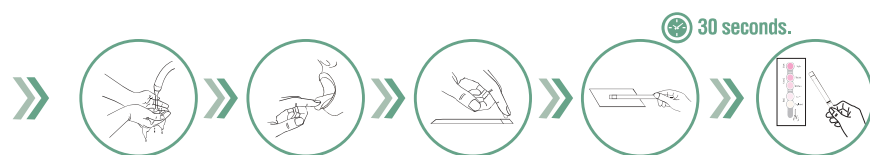
Nitric Oxide is an important cellular signaling molecule involved in many physiological and pathological processes. Monitoring nitric oxide status by saliva testing detects the bioconversion of plant-derived nitrate into nitric oxide. So, a rise in salivary levels is indicative of diets rich in leafy vegetables which are often abundant in anti-hypertensive diets.



### Increasing nitric oxide level can have an impact on

- Supporting healthy blood pressure levels
- Increasing circulation throughout the body
- Promoting cardiovascular and heart health
- Dilating arteries for healthy blood flow
- Checking the best body condition for diet

Test procedure



✓ Easy way to check your health

## HEALTH MATE<sup>®</sup> Home-test use

### Vaginal pH test

Test strip for monitoring the acidity of female vaginal environment



CE

#### Benefits

Help to take control and maintain healthy vaginal pH  
Early indication of any abnormality in the vaginal environment  
Help to determine if symptoms may be caused by a yeast infection

### Keto-Slim test

Test strip for monitoring Ketones (Ketosis)  
Check how your diet is working by amount of fat-burning



CE 0197

#### Benefits

Achieve optimal ketosis to maximize the effect of your low-carbohydrate diet  
Maintain your daily weight loss efforts

### MDA (Oxidative Stress test)

Test strip for monitoring Free Radicals level by detection of semi-quantitative MDA (Malondialdehyde) amount



CE 0197

#### Benefits

Indication of individual health conditions  
Checking medicinal effects of medical treatment and ingestion of antioxidant foods

### Uric Acid test

Test strip for monitoring Uric Acid amount level



CE

#### Benefits

Early diagnosis of gout  
Monitor patients undergoing chemotherapy or radiation treatment